

# RECIPES FOR CATS WITH SPECIAL DIETS



# Index

1. POORLY KITTY'S
2. FAT CATS
3. LITTLE KITTENS
4. WEANING KITTENS
5. POORLY TUMMIES
6. OLDER CATS
7. FUSSY EATERS
8. NO MEAT
9. PREGNANT CAT
10. EXTRA VITAMINS
11. DIABETES
12. KIDNEY PROBLEMS

# POORLY KITTY'S

## GLOP (KITTY PUDDING)

This pudding is rich in calcium and can be fed as a supplement for weaning kittens, lactating queens, or sick cats.

It can also be used to put weight on show cats.

0.35oz (10 grams) unflavored gelatin  
8.45oz (250ml) boiling water  
8.45 oz (250ml) evaporated milk (or goat's milk)  
2 egg yolks (discard the whites)  
2 tablespoons high calorie mayonnaise  
2 tablespoons plain yogurt  
2 tablespoons corn syrup  
1 capsule acidophilus (or use acidophilus yogurt)  
Cat vitamins

Dissolve gelatin in 8.45oz (250ml) boiling water and leave to cool.

Add all remaining ingredients to cooled gelatin.

Place the mixture in the refrigerator.

The mixture will gel as it cools and can be scooped out as required.

Warm the mixture slightly in the microwave before serving.

Do not return heated mixture to the main supply.

Mixture can be kept in the refrigerator for seven days or frozen until needed

## GRUEL

(This is useful for introducing kittens to something more solid than milk, or for feeding to a convalescing cat.)

Mix one tablespoon of oatmeal to a fine paste with a little milk.

Bring half a litre (one pint) of milk nearly to the boil and stir in the oatmeal.

Cook for about ten minutes, without boiling, stirring from time to time.

# OVER WEIGHT CATS

## FELINE WEIGHT LOSS DIET

1 pound of minced or chunky lean meat: turkey, chicken heart etc. with a little liver from time to time.

1 cup of cooked rice or 1-1/2 cups 10 oz.

Or cooked potatoes

1/2 cup oat or wheat bran or vegetables such as peas, beans carrots and corn

1 teaspoon of vegetable oil

1, 800 mg of calcium

1 tablespoon of bonemeal or 1 teaspoon of eggshell powder

Cat vitamins

Mix all the ingredients together

# LITTLE KITTENS

## EMERGENCY KITTEN MILK

12 oz. boiling water  
1 envelope Knox unflavored gelatin  
Dissolve the gelatin in the boiling water, and add:  
1-12 oz. can evaporated canned milk  
2 tablespoons mayonnaise  
2 tablespoons plain yogurt  
1 tablespoons light corn syrup  
1 egg yolk

Mix well in mixer.  
Place in covered bowl and store in refrigerator.  
Warm a small amount for feedings.  
This will keep for about 7 days.

## INFANT KITTEN FORMULA

1 can evaporated milk (or 1 can goat's milk)  
1 cup Pedialyte (or generic equivalent, unflavored)  
1 whole egg  
1 packet unflavored gelatin  
1/2 teaspoon liquid infant vitamins  
Blend together.

Heat small amounts in microwave to "wrist comfortable" temperature immediately before administering.  
Store leftovers in refrigerator no longer than 72 hours.  
Blend before serving each time.  
To administer, use a syringe without needle or use a kitten feeding bottle.  
Start with small amounts and work up gradually as kitten grows.  
Administer once every two hours during first two weeks, every three during third week, every four during fourth week.  
During fourth week, start blending a small can of high quality ground kitten food into the mixture.

## KITTEN MILK

13 ounces unflavored Pedialyte  
12 ounces evaporated milk  
8 ounces plain yogurt (1% milkfat NOT light)  
2-1/2 ounces lamb baby food  
2 egg yolks  
2 tablespoons Karo white corn syrup

Put all ingredients into a blender and mix well.  
Put milk into Nurse-Maid pet nursing bottle and heat to lukewarm.  
Test on the inside of your wrist.  
Be sure to stir the milk in the container each time before you refill the bottle.  
Put remaining milk into 8 ounce containers and freeze until needed.  
Two-week-old kittens will drink about 1/2 ounce every 4 hours.  
Four-week-old kittens will drink about 1 to 1-1/2 ounces every five hours.

# WEANING KITTENS

## KITTEN DELIGHT

1/3 slice of white bread  
Milk  
Chicken broth (whatever preferred)  
Mixing bowl  
1/8 measuring cup

Pour milk into the measuring cup then pour into the bowl.  
Repeat with chicken broth.  
Tear 1/3 slice of bread into tiny bits, then dump into the mixing bowl.  
Heat in the microwave for approximately 1 minute.  
When finished, let cool then serve to kitten.

# POORLY TUMMY

## DIARRHEA CURE

Rice, uncooked, 1/2 cup  
Consommé, 1 can  
Turkey leg, 1 large  
Water, 2 cups

Boil the whole works until the meat falls off the bone.  
Allow to cool and cut the meat into very small pieces.  
Feed about two tablespoons per cat several times a day.

# OLDER CATS

## TREAT FOR OLDER CATS

1 bullion cube  
Left over chicken - boned and shredded  
Grated cheese  
1/2 cup water

Pour 1/2 cup warm water over bullion cube and stir to dissolve.  
Add shredded chicken to water mixture just enough to form soupy consistency.  
Sprinkle with grated cheese.

# FUSSY EATERS

## FINICKY EATERS MEAL

1 cup chicken, boiled or microwaved  
1/4 cup fresh broccoli, steamed  
1/4 cup shredded carrots, steamed  
Chicken broth

Mix ingredients with enough chicken broth to hold together.  
This same recipe can be used with fish (broil or microwave until it flakes.)  
You can also vary the recipe by adding rice or other vegetables.

## **NO MEAT**

### **NO FUI TOFUI**

1/3 cup cooked brown rice  
1/2 cup cooked corn  
2 ounces tofu (raw or lightly sautéed in butter or tamari)  
1 egg yolk

In a bowl, mix the brown rice and corn.  
Cut the tofu into bite-sized pieces and mix into the rice mixture along with the egg yolk.

## **PREGNANT CAT**

### **PREGNANT CAT DIET**

1 cup of Corn flour or Polenta cook with water to give 4 cups (Couscous, oats or millet can be used in stead)  
2 eggs  
4 cups minced turkey (chicken, heart or lean beef/lamb or rabbit)  
4 tablespoons of Supplement Powder (see above)  
1-1/2 teaspoons of bonemeal  
2 tablespoons of vegetable oil,  
5,000 i.u. of vitamin A  
100 i.u. vitamin E  
Raw vegetables: 1 teaspoon with each meal.

## **VITAMIN RICH**

### **Vitamin Rich Meal for Felines**

1/3 c Cottage cheese  
2 tb Bisques  
1 tb Chopped liver  
1 tb Corn oil  
1 Dash iodized salt

Mix all together for 1-2 delicious cat servings.

# DIABETIC DIET

## SASSYKAT'S TUNA-POPS

(even safe for diabetic cats)

Drain liquid from tuna packed in spring water.

Freeze liquid in small ice cube trays (cocktail ice cube trays work nicely, as well as little square pill boxes available at most drug stores - only fill these half full).

Give no more than 2 cubes at 1 time as a treat.

Reuse your can of drained tuna by placing in it an airtight container and covering with filtered water overnight for a second batch of tuna-pop water.

## SASSYKAT'S SPECIAL DINNER

(good for cats with diabetes or kidney problems)~

1 egg

1 tablespoon minced, cooked green beans

1 teaspoon shredded carrot (if you substitute other vegetables, avoid the ones with a lot of natural sugars)

2 tablespoons baked chicken breast (no skin) minced

1/3 Cup cooked brown rice (unrefined; wild rice is good)

1 tablespoon olive oil (good for preventing hair balls and constipation - common to diabetics)

Mix all of the ingredients thoroughly with a wooden spoon or in a blender/food processor.

It's important to get the rice mixed in well so that it can't be picked out.

(Diabetics need fibre and cats with kidney failure problems need to limit their protein intake so this serves two purposes.)

Cook in a small Pyrex skillet over low heat, stirring and "chopping" constantly, until the egg is at least soft-set but done.

Refrigerate in air-tight containers, such as Tupperware, RubberMaid, or Zip-Lock baggies.

Use within 36 hours (refrigerated).

Stores well in the freezer in Zip-Lock Baggies and can be thawed and warmed simultaneously in boiling water in the bag.

# KIDNEY PROBLEMS

## KIDNEY PROBLEMS DIET

4 parts carbohydrate: Pureed barley flakes and/or baby food creamed corn

2 parts protein: Lightly broiled chicken or beef or raw organic egg yolk and cooked white- used with meat, not alone (you can also use baby food chicken)

1 part vegetable: Chopped or finely grated raw vegetable or vegetable juice- carrots, zucchini, and alfalfa sprouts are ideal

2 tablespoons Vita-Mineral Mix

2 teaspoons soft butter

Blend the above ingredients together and store in glass jar. Each day mix the following into each meal or administer by dropper after the meal:

1/8 teaspoon mixed mineral powder

1/16 teaspoon Pet Tonic (a B vitamin and iron tonic available from the veterinarian) or 1/2 of a low-potency B complex capsule (10 mg level)

1/4 teaspoon or 1/2 tablet mixed digestive enzymes

Once a week give:

400 units of vitamin E (alpha tocopherol)

A capsule containing 10,000 units vitamin A and 400 units vitamin D.

## DIET FOR KIDNEY PROBLEMS

1-1/3 cups (2/3 pound) ground chicken, turkey or lean heart  
4 cups cooked white rice  
4 eggs  
2 tablespoons cold-pressed safflower, soy or corn oil  
1,500 milligrams calcium  
1/8 teaspoon iodized salt  
1/8 teaspoon potassium chloride (optional, for a saltier flavor)  
1 teaspoon parsley, finely grated carrot or other vegetable (optional)  
5,000 IU vitamin A  
Taurine and other cat vitamins (about 5 days' worth)  
50 milligram level B complex (or 10 milligrams per day)  
2,500 milligrams vitamin C (1/2 teaspoon sodium ascorbate)

Mix everything together in a large bowl.

Serve raw if the cat will accept it.

Otherwise, mix all but the vitamins together, bake about 20 minutes in a moderate oven and then wait until it cools to mix in the vitamins.

Occasionally, substitute 1 to 3 teaspoons of liver for part of the meat.